

If you could add any actions to the Community Food Strategy to help increase Veg consumption, what would they be?

26 responses

Remove barriers to procuring more local veg for the public plate. Invest in infrastructure to support more local horticulture

Focus on improving soil food web (soil biology) for different veg crops to ensure the produce is healthy, nutrient dense and flavoursome

Veg subsidies.

Veg stalls at schools with pre-chopped veg

Connecting really small scale growers like allotment holders who often have a 'veg glut' with groups that can take the veg into schools for cooking/tasting sessions that also talks about the growing.

Better accessibility and use of urban and peri urban green spaces for veg production which can go straight into community kitchens and community food initiatives

Getting people use to the idea of how big a range of vegetable there are and that different varieties can massively increase the range of tastes, uses and flavours

Working with families across education and extra circular times to play and engage with growing, cooking, preserving and sampling

Bring food systems into the school curriculum across all areas and learning objectives. Normalise discussions around foods. And make lunches a space in the day to enjoy, share and relax

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Mobile farmers market / stall to sell at schools directly to parents

Help more small scale horticulture projects access land

Processing hubs, both for local individuals and small scale growers.

Funding that connects support for growing to support for cooking and eating meals together, both for kids and parents/ grandparents

UBI for small scale agroecological growers who are well supported by their communities.

Bigger focus on public sector procurement to source local suppliers.

Empty shops to be made available for pop-up greengrocers.

Connect up the food system i.e. get people involved in the whole process from growing to cooking to eating

Re-instate cooking from scratch classes in secondary schools.

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More veg included in recipes in schools, as opposed to separate portions, expanding children's taste and exposure to different varieties.

Veg prescription as seen with the Alexandra Rose charity

Maybe lower the price of some fruit and veg., for example rather than strawberries buy two for £3, just lower the price of one punnet. Single people may not need two and some cant afford two.

Food to be embedded in curricular including protected and longer lunch breaks

More children cooking in schools

Support for veg retailers in rural areas

Focus on taste and joy as much as health benefits

Change grant schemes to pay upfront rather than retrospectively !